



**FOURTH DEGREE  
KNIGHTS OF COLUMBUS**

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FEBRUARY 2009**

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Assembly  
No. 2336**

**P.O. BOX 1443  
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**VOLUME 17**

**NUMBER 2**

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## **Faithful Navigator's Message**

### **Ebb and Flow**

There is a certain rhythm to life. During the course of my lifetime, I have seen a variety of cycles come and go: ups and downs, boon and bust, tragedy and triumph. These cycles seem to affect all aspects of our lives, emotional and economic, private or public.

As we struggle through the peaks and valleys of our existence, there is one constant. That constant is a loving God and Savior. During the course of my lifetime, I have seen how God has always watched over me and my family.

I am able to look back now and see that even when I thought times were the toughest, God was there with me. When my struggle was greatest and I thought all opportunity was lost, I need only look in another direction to see what God had waiting for me. And what was waiting for me in every case was better than what was taken away. I just needed to change my focus.

More correctly, I needed to let God guide me.

Navigating through this life is tough. There are two seemingly conflicting phrases bandied about by people in terms of advice. The first is "Let go and let God." While recognizing that we have no real control over anything, it seems to ignore our ability to exert a positive influence on our own lives.

The other adage is "God helps those that help themselves." In my own experience, sometimes I've been so busy trying to help myself that I've managed only to get in God's way, and interfere with His attempts to help me. So which adage do we follow? I'm not sure I can provide an answer other than to refer to the words of Jesus from the Gospel of St. Matthew, Chapter 6, verses 25-30.

"Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?"





## FUTURE MEETINGS FEBRUARY

- 11 February Planning Meeting
- 24 February Business Meeting

Business meeting starts at 6:30  
Planning Meeting starts at 7:00

## MARCH

- 11 March Planning Meeting
- 24 March Business Meeting



## HAPPY BIRTHDAY

If you should see any of these fine Sir Knights, wish them a happy birthday and remind them that if they come to the business meeting, dinner is on the assembly.

Alfred Galang	5 <sup>th</sup>
Michael Breverly, PFN	6 <sup>th</sup>
Patrick Mulligan	17 <sup>th</sup>
Daniel Doerr	21 <sup>st</sup>
Matthew Polanco	21 <sup>st</sup>
Gerald Jennings	23 <sup>rd</sup>
Gabriel Eder	24 <sup>th</sup>
Charles Marshall, PFN	24 <sup>th</sup>
Frank Gwerder	26 <sup>th</sup>



## Prayer for Our Military

*The Rev. William J. Bleiler, state chaplain of the New Jersey VFW, wrote the following "Prayer for Our Military" for distribution to VFW members. He is pastor of St. Michael's Roman Catholic Church in Cedarville, Cumberland County.*

Almighty God, our Source of strength and courage, we ask Thee to guide the leaders of nations in the ways of peace and justice and enduring freedom for the peoples of the world.

In these times of peril and war against terrorism listen to our prayers for the men and women serving in our armed forces, our military leaders and our allies. Protect them all from harm as they go into battle on land, in the sea and in the air.

Take away whatever fear from their hearts and enable them to overcome swiftly and decisively the violence and cruelty of the enemy.

Protect them from the hatred of others and bolster their personal pride of being American as they rid our world of the works of darkness and weapons of mass destruction.

Console their loved ones and family members who remain on the home front. Gently dry the tears of those who mourn for the wounded in battle and those who have paid the ultimate sacrifice.

Oh God, bless them with Thy presence. Grant us homeland security. May Thy Peace, the fruit of justice, truth and mercy, reign in America and throughout the world. Amen.

*No Time to Pray?*

*All You Need is One Minute*

